

**New Workout
Session**



Warwick Workouts
Advanced Offensive Player Development Camps and Clinics

Powered by **Avera Sports**

Weekly Fall Next Level Skills Workouts

Location: Avera Sports Center
209 W Anchor Lane, Sioux Falls

The Next Level Skills Workout is for skilled athletes that are serious about improving! This new high rep, high intensity workout is limited to 12 athletes only. The workout will incorporate a progression of ball handling, shooting and finishing drills, full court transition drills and passing. For more experience athletes.

Session Options:

<p>2nd-3rd Grade Boys w/ Coach Baker</p> <p>Tuesdays 5:00-6:15 pm Sept. 12, 19, 26 Oct. 3, 10, 17</p>	<p>4th-5th Grade Boys w/ Coach Warwick</p> <p>Tuesdays 5:00-6:15 pm Sept. 12, 19, 26 Oct. 3, 10, 17</p>	<p>5th-6th Grade Boys w/ Coach Warwick</p> <p>Wednesdays 5:00-6:15 pm Sept. 13, 20, 27 Oct. 4, 11, 18</p>	<p>7th-8th Grade Boys w/ Coach Coleman</p> <p>Thursdays 7:45-9:00 pm Sept. 14, 21, 28 Oct. 5, 12, 19</p>
<p>3rd-4th Grade Girls w/ Coach Nagle</p> <p>Mondays 5:00-6:15 Sept. 11, 18, 25 Oct. 2, 9, 16</p>	<p>5th-6th Grade Girls w/ Coach Nagle</p> <p>Mondays 7:15-8:30 Sept. 11, 18, 25 Oct. 2, 9, 16</p>	<p>7th-8th Grade Girls w/ Coach Wells</p> <p>Mondays 7:15-8:30 Sept. 11, 18, 25 Oct. 2, 9, 16</p>	<p>6th - 8th Grade Girls w/ Coach Baker</p> <p>Thursdays 7:45-9:00 pm Sept. 14, 21, 28 Oct. 5, 12, 19</p>

Cost: \$159 Each athlete will receive a T-shirt and non-pocketed shorts.

Sessions are limited

To Register for the Next Level Skills Workouts to 12 athletes!

Visit our website at www.WarwickWorkouts.com

Find your camp under the **REGISTER HERE** tab.

Payment can be accepted at the time of registration.

For more information on Weekly Workouts contact
Kris (605) 391-6700 or warwickworkouts@gmail.com

The Ultimate Camp Experience



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